

**Menchaca Running Camp (M.R.C.)
Code of Conduct**

1. Runners will treat the environments, facilities, and people with respect at all times.
2. Runners will display good sportsmanship at all times.
3. Be timely to sessions, meal times and bed checks.
4. Pick up personal trash after meals and downtime.

Throughout the Camp event there is to be NO:

1. Fighting, foul language, and abusive behavior with runners, coaches, or staff members;
2. Use of drugs or alcohol;
3. CD players, cell phones etc. will be tolerated as long as they are not hindering the experiences of the other campers.

Any violators of this Code will be sent home immediately.

I commit to abide by all rules and regulations throughout the week and understand that any violation of the above code of conduct can result in my immediate dismissal from Menchaca Running Camp.

Runner's Name Print: _____

Runner's Signature: _____

Date: _____

Parent/Guardian Name Print: _____

Parent/Guardian Signature: _____

Date: _____